

A U T U M N 2 0 1 9

Inside Trauma

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A Word from the Editor

Climate change and global warming have been the topic of discussion from some years now with most millennials and Gen Z's learning about their carbon footprint in primary school. Whilst there is still debate about if climate change is a crisis or not, being told as a child (and even as an adult) that the world is dying because of how you live can be confronting, causing both stress, feelings of guilt and hopelessness.

In this edition of Inside Trauma, we will be discussing how the discussion of climate change is impacting how we go about our day to day lives and exploring how climate extremism and activism have the potential to cause mass hysteria and thus trauma.

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Collaboration and Climate Change

In 2014, Pope Francis appeared at a climate summit of the United Nations. During his speech, Francis acknowledged both the urgency of acting in response to climate change, as well as the need for the international community to act in cooperation so that its more destructive elements might be minimized:

“The time for seeking global solutions in running out. We can find suitable solutions only if we act together and in agreement.”



Yet as disastrous as climate change might be for the future of the planet, it also affords us a unique opportunity to reflect on the way we live our lives, both individually and as members of broader society. Francis' emphasis on formulating global responses to climate change is indeed laudable, and to this we might add that climate change is compelling us - willingly or otherwise- to explore new ways of living. The materialism and consumption that is a feature of many Western nations will need to be challenged, as the earth's resources are finite and non-renewable. As the population continues to grow, the way we live will require rethinking. This may be challenging, but it is inescapable. The question for us as individuals thus becomes: how can we alter our lifestyle so that it better respects the natural environment in which we all must live?

Ryan Buesnel

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Trauma of Environmental Collapse

Much has been written about the Swedish environmental activist, Greta Thunberg, who promotes that there is a crisis from climate change, tipping humanity toward an existential crisis.

Ms. Thunberg has been evoking hysteria on a worldwide platform, inciting verbal insurrection through media profiling and eliciting emotional fear from people both young and old; that the world is destined to collapse and die without major political intervention bringing about changes in how countries process and pollute the atmosphere, contributing to global warming.

It is not the intention of this document to scare or promote fear, moreover, to recognise the fallout and trauma created by the momentum from Ms. Thunberg's environmental activism. This current revolution has split societies into supporters and disbelievers.

Many sceptics offering counter-balanced points of view have also presented arguments to reduce the impact and panic. Of these names, Naomi Seibt, a 19-year-old German woman, denounces "climate alarmism" and continues to be a torch for moderation.

Peter Horton



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